

AGES & STAGES QUESTIONNAIRES:

A Parent-Completed, Child Monitoring System



Problems can arise in children at any time requiring an effective monitoring system to assess children at definite time intervals.

This monitoring system is a valid and reliable screening and tracking method developed and tested since 1980 by the Center on Human Development at the University of Oregon using more than 7000 questionnaires. This system is used to determine at risk children. The questionnaires were developed to be used in well-spaced intervals of 4, 6, 8, 12, 16, 18, 20, 24, 30, 36, and 48 months of the child's age.

Each questionnaire has specific questions that can be answered by the parent, caretaker or nurse, which is used to determine whether the child is on target or needs further evaluation. Most people have no trouble understanding and completing the questionnaire. Each questionnaire takes approximately 10-30 minutes to complete. Scoring is as easy as completing the questions.

Five areas covered on each age specific questionnaire are:

- 1. Communication**
- 2. Gross motor**
- 3. Fine motor**
- 4. Problem-solving**
- 5. Personal-social**



For quick and easy feedback; ***call your local health department for additional information*** about these questionnaires.

Ages & Stages Questionnaire

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Example questions from:

4 Month **Questionnaire**

Communication Be sure to try each activity with your child. **Yes Sometimes Not Yet**

1. Does your baby chuckle softly?
2. After you have been out of sight, does your baby stop crying when he/she sees you?

Gross Motor Be sure to try each activity with your child. **Yes Sometimes Not Yet**

1. While on his back, does your baby move his head from side to side?
2. After holding her head up while on her tummy, does your baby lay her head back down on the floor, rather than let it drop or fall forward?

Fine Motor Be sure to try each activity with your child. **Yes Sometimes Not Yet**

1. Does your baby hold his hands open or partly open (rather than in fists, as they were when he was a newborn)?
2. When you put a toy in her hand, does your baby wave it about, at least briefly?

Problem Solving Be sure to try each activity with your child. **Yes Sometimes Not Yet**

1. When you move a toy slowly from side to side in front of his face (about 10 inches away), does your baby follow the toy with his eyes, sometimes turning his head?
2. When you move a small toy up and down slowly in front of her face (about 10 inches away), does your baby follow the toy with her eyes?

Personal-Social Be sure to try each activity with your child. **Yes Sometimes Not Yet**

1. Does your baby watch his hands?
2. When she has her hands together, does your baby play with her fingers?